

POCKET COMPANION · 01 OF 09

Daily Companion

أَذْكَارُ الْيَوْمِ

Waking to sleep — the authenticated dhikr of an ordinary day.

02 Waking & wuḍū

ON WAKING

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

Al-ḥamdu lillāhil-ladhi ahyānā ba'da mā amātanā wa ilayhin-nushūr

Praise be to Allah, who gave us life after death, and to Him is the resurrection.

Bukhāri · ṣaḥīḥ

AFTER WUḌŪ

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Ash-hadu an lā ilāha illallāhu waḥdahu lā sharika lah, wa ash-hadu anna Muḥammadan 'abduhū wa rasūlūh

I bear witness that none is worthy of worship but Allah alone, and that Muhammad is His servant and messenger.

Muslim · ṣaḥīḥ — the eight gates of Paradise are opened. Begin wuḍū with *Bismillāh*.

ENTERING · LEAVING THE TOILET

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبْثِ وَالْخَبَائِثِ — غُفْرَانِكَ

Allāhumma inni a'ūdhu bika minal-khubuthi wal-khabā'ith — on leaving: Ghufrānak

Refuge from male and female devils — Your forgiveness.

Bukhāri; Tirmidhī · ṣaḥīḥ

03 Morning & evening

Same set twice daily — after *Fajr*, and after 'Aṣr until *Maghrib*. Where two words are given, the second is the evening form.

أَصْبَحْنَا وَأَصْبَحَ الْمُلْكُ لِلَّهِ ﴿أَمْسَيْنَا وَأَمْسَى﴾ وَالْحَمْدُ لِلَّهِ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ

Aṣḥabnā wa aṣḥaḥal-mulku lillāh (Amsaynā wa amsā) wal-ḥamdu lillāh, lā ilāha illallāhu waḥdahu lā sharika lah

We have entered the morning, and with it dominion belongs to Allah; all praise to Allah.

Muslim · ṣaḥīḥ · 1×

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، خَلَقْتَنِي وَأَنَا عَبْدُكَ، وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ، أُوْبُؤْ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأُبُؤْ لَكَ بِذُنُوبِي فَاعْفُرْ لِي

Allāhumma Anta Rabbi lā ilāha illā Ant, khalaqtani wa anā 'abduk, wa anā 'alā 'ahdika wa wa'dika mastata't, abū'u laka bi-ni'matika 'alayya wa abū'u laka bi-dhanbi faghfir li

Sayyid al-Istighfār — the master of seeking forgiveness. O Allah, You are my Lord; I acknowledge Your favour upon me and my own sin, so forgive me.

Bukhāri · ṣaḥīḥ · 1× — whoever says it by day and dies that day enters Paradise.

04 Morning & evening, cont.

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

Bismillāhil-ladhi lā yaḍurru ma'asmihi shay'un fil-arḍi wa lā fis-samā'i wa Huwas-Samī'ul-'Alīm

In the name of Allah, with whose name nothing on earth or in heaven can cause harm.

Tirmidhī, Abū Dāwūd · ṣaḥīḥ · 3× — no harm will befall him.

رَضِيتُ بِاللَّهِ رَبًّا، وَبِإِسْلَامِ دِينًا، وَبِمُحَمَّدٍ ﷺ نَبِيًّا

Raḍitu billāhi Rabbān, wa bil-Islāmi dinan, wa bi-Muḥammadin ﷺ nabiyyan

I am content with Allah as Lord, Islam as religion, and Muhammad ﷺ as Prophet.

Abū Dāwūd, Tirmidhī · ṣaḥīḥ · 3×

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ، عَلَيْهِ تَوَكَّلْتُ، وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ

Ḥasbiyallāhu lā ilāha illā Hū, 'alayhi tawakkalt, wa Huwa Rabbul-'Arshil-'Aẓim

Allah is sufficient for me. In Him I trust, and He is Lord of the Mighty Throne.

Abū Dāwūd · ḥasan · 7×

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

Subḥānallāhi wa biḥamdih

Glory be to Allah, and praise be to Him.

Muslim · ṣaḥīḥ · 100×. Also the three sūrahs 3× and Āyat al-Kursī (card 05).

05 Home, food, clothing

LEAVING HOME

بِسْمِ اللَّهِ، تَوَكَّلْتُ عَلَى اللَّهِ، لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

Bismillāh, tawakkaltu 'alallāh, lā ḥawla wa lā quwwata illā billāh

In the name of Allah; I rely upon Allah; there is no power or strength except by Him.

Abū Dāwūd, Tirmidhī · ṣaḥīḥ

ENTERING HOME

بِسْمِ اللَّهِ وَلَجْنَا، وَبِسْمِ اللَّهِ خَرَجْنَا، وَعَلَى اللَّهِ رَبَّنَا تَوَكَّلْنَا

Bismillāhi walajnā, wa bismillāhi kharajnā, wa 'alallāhi Rabbīnā tawakkalnā

In Allah's name we enter and leave, and upon Allah, our Lord, we rely.

Abū Dāwūd · ḥasan

AFTER EATING

بِسْمِ اللَّهِ — وَإِنْ نَسِيتَ: بِسْمِ اللَّهِ أَوَّلَهُ وَأَخِرَهُ — الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي هَذَا وَزَوَّجَنِيهِ

Bismillāh — if forgotten: Bismillāhi awwalahū wa ākhirah — after: Al-ḥamdu lillāhil-ladhi aṭ'amanī ḥādhā wa razaqanīh

Praise be to Allah, who fed me this and provided it for me.

Bukhāri, Abū Dāwūd, Tirmidhī · ṣaḥīḥ

06 Masjid, travel, rain, distress

MASJID · IN, OUT

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ — اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

Allāhumma iftaḥ li abwāba raḥmatik — Allāhumma inni as'aluka min faḥlik

Open the gates of Your mercy — I ask of Your bounty. Right foot in, left out.

Muslim · ṣaḥīḥ

TRAVEL · MOUNTING

سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ، وَإِنَّا إِلَى رَبِّنَا لَمُنْقَلِبُونَ

Subḥānal-ladhi sakhkhara lanā ḥādhā wa mā kunnā lahū muqrinin, wa innā ilā Rabbīnā lamunqalibūn

Glory to Him who subjected this to us; and to our Lord we shall surely return.

Muslim · ṣaḥīḥ · 43:13-14

RAIN · DURING

اللَّهُمَّ صَيِّبًا نَافِعًا — اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَهَا

Allāhumma ṣayyiban nāfi'an — in wind: Allāhumma inni as'aluka khayrahā

A beneficial downpour — I ask You for its good. Du'ā in rain is answered.

Bukhāri; Muslim · ṣaḥīḥ

DISTRESS

The du'ā of distress, in full, is on card 06 — *Lā ilāha illallāhul-'Aẓimul-Ḥalim...*

Bukhāri, Muslim · ṣaḥīḥ

07 Bedtime & the night

BEFORE SLEEP · IN ORDER

Wuḍū · Āyat al-Kursī 1× · Ikhlāṣ, Falaq, Nās into cupped palms and wipe over the body 3× · last two verses of al-Baqarah · Sūrah al-Mulk · tasbīḥ 33/33/34 · lie on the right side.

Bukhāri, Muslim, Tirmidhī · ṣaḥīḥ

بِاسْمِكَ اللَّهُمَّ أَمُوتُ وَأَحْيَا

Bismika Allāhumma amūtu wa ahyā

In Your name, O Allah, I die and I live.

Bukhāri · ṣaḥīḥ

اللَّهُمَّ أَسْلَمْتُ نَفْسِي إِلَيْكَ، وَوَجَّهْتُ وَجْهِي إِلَيْكَ، وَقَوَّضْتُ أَمْرِي إِلَيْكَ، وَأَلْجَأْتُ ظَهْرِي إِلَيْكَ

Allāhumma aslamtu nafsi ilayk, wa wajjahtu wajhi ilayk, wa fawwaḍtu amri ilayk, wa alja'tu zahri ilayk

O Allah, I submit myself to You, turn my face to You, entrust my affair to You, and rest my back upon You.

Bukhāri · ṣaḥīḥ — the last words before sleep; whoever dies that night dies upon fiṭrah.

A BAD DREAM

Spit lightly to the left three times, seek refuge from Shayṭān and from what you saw, turn onto the other side, and tell no one.

Muslim · ṣaḥīḥ

08 Seven-day tracker

One week per card. Tick as you go.

	M	T	W	T	F	S	S
Fajr on time	☐	☐	☐	☐	☐	☐	☐
Dhuhr on time	☐	☐	☐	☐	☐	☐	☐
'Aṣr on time	☐	☐	☐	☐	☐	☐	☐
Maghrib on time	☐	☐	☐	☐	☐	☐	☐
'Ishā' on time	☐	☐	☐	☐	☐	☐	☐
Morning adhkār	☐	☐	☐	☐	☐	☐	☐
Evening adhkār	☐	☐	☐	☐	☐	☐	☐
Post-prayer adhkār	☐	☐	☐	☐	☐	☐	☐
Qur'ān portion	☐	☐	☐	☐	☐	☐	☐
Bedtime adhkār	☐	☐	☐	☐	☐	☐	☐
Week of _____							

POCKET COMPANION · 02 OF 09

Hijri Companion

أَشْهُرُ السَّنَةِ

The Islamic year — its sacred months, its fasts, its seasons of mercy.

2 · The twelve months

3 · Fasts of the year

4 · Ramaḍān

5 · Dhul-Hijjah & ‘Arafah

6 · Muḥarram, Shaʿbān, Shawwāl

7 · The four schools

8 · Twelve-month tracker

Bukhārī · Muslim · the four Sunan. School positions stated where they differ.

02 The twelve months

Four are sacred — fighting is forbidden and sin is graver in them.

1 · Muḥarram

2 · Ṣafar

3 · Rabiʿ al-ʿAwwal

4 · Rabiʿ ath-Thāni

5 · Jumādā al-Ūlā

6 · Jumādā al-Ākhirah

7 · Rajab

8 · Shaʿbān

9 · Ramaḍān

10 · Shawwāl

11 · Dhul-Qaʿdah

12 · Dhul-Hijjah

Qurʿān 9:36; Bukhārī · ṣaḥīḥ — “the year is twelve months, of which four are sacred.” The month begins at the sighting of the new moon.

03 Fasts of the year

Ramaḍān

Mon & Thu

13, 14, 15

6 of Shawwāl

9 Dhul-Hijjah

9 & 10 Muḥarram

Most of Shaʿbān

1-9 Dhul-Hijjah

Obligatory · the whole month
Weekly · deeds are raised
Ayyām al-Biḍ, each month
With Ramaḍān = a year
‘Arafah · two years expiated
‘Āshūrā · one year expiated
He ﷺ fasted it most
The ten best days
NEVER FAST
The two ‘Eids, and 11-13 Dhul-Hijjah (ayyām at-tashriq). Friday alone, and the day of doubt before Ramaḍān, are disliked.
Bukhārī, Muslim · ṣaḥīḥ

04 Ramaḍān

THE MONTH
Fast dawn to sunset · Tarāwīḥ after ‘Ishāʾ · seek Laylat al-Qadr in the odd nights of the last ten · iʿtikāf in the last ten · Zakāt al-Fiṭr before the ‘Eid prayer.
Bukhārī, Muslim · ṣaḥīḥ
BREAKING THE FAST
ذَهَبَ الظَّمَأُ وَابْتَلَّتِ الْعُرُوْقُ وَثَبَتَ الْأَجْرُ
إِنْ شَاءَ اللَّهُ
Dhahabaz-ẓamaʿu wabtallatil-urūqu wa thabatal-ajru in shāʾallāh
Thirst is gone, the veins are moistened, and the reward is certain, if Allah wills.
Abū Dāwūd · ḥasan — break on dates, or water.
LAYLAT AL-QADR
اللَّهُمَّ إِنَّكَ عَفُوٌّ نُجِبُ الْعَفْوِ فَأَعْفُ عَنِّي
Allāhumma innaka ʿafuwwun tuhibbul-ʿafwa faʿfu ʿannī
O Allah, You are Most Forgiving and love forgiveness, so forgive me.
Tirmidhī, Ibn Mājah · ṣaḥīḥ — taught to ʿĀʾishah for that night.

05 Dhul-Hijjah & ‘Arafah

THE FIRST TEN
No days are greater for righteous deeds. Fast, give, recite, and multiply takbīr from the 1st to the ʿAṣr of the 13th.
Bukhārī · ṣaḥīḥ
TAKBĪR OF THE DAYS
اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، لَا إِلَهَ إِلَّا اللَّهُ، وَاللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، وَلِلَّهِ الْحَمْدُ
Allāhu akbar, Allāhu akbar, lā ilāha illallāh, wallāhu akbar, Allāhu akbar, wa lillāhil-ḥamd
Allah is greatest; none is worthy of worship but Allah; and to Allah belongs all praise.
Athar of Ibn Masʿūd · sound — said aloud after each fard, 9-13 Dhul-Hijjah.
BEST DUʿĀ OF ʿARAFAH
لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ
Lā ilāha illallāhu waḥdahū lā sharika lah, lahul-mulku wa lahul-ḥamd, wa Huwa ʿalā kullī shayʾin qadīr
None is worthy of worship but Allah alone...
Tirmidhī · ḥasan — “the best duʿā is the duʿā of the Day of ʿArafah.”

06 Muḥarram, Shaʿbān, Shawwāl

MUḤARRAM
The best fasting after Ramaḍān is in Allah’s month, Muḥarram. Fast the 9th and 10th — or the 10th and 11th — not the 10th alone.
Muslim · ṣaḥīḥ
SHAʿBĀN
He ﷺ fasted more of Shaʿbān than any month but Ramaḍān. Settle missed fasts of the previous year before the new Ramaḍān.
Bukhārī, Muslim · ṣaḥīḥ
SHAWWĀL
Six days, consecutive or spread, after ʿEid al-Fiṭr: “whoever fasts Ramaḍān then six of Shawwāl, it is as though he fasted a whole year.” Make up missed Ramaḍān days first.
Muslim · ṣaḥīḥ
RAJAB
A sacred month — but no specific fast, prayer or ʿumrah is established in it. Popular Rajab practices rest on weak reports.
Ibn Hajar, Tabayīn al-ʿAjab

07 The four schools

Where practice differs, all positions are within the Sunnah.

Witr

Qunūt

Tarāwīḥ

Six of Shawwāl

ʿĀshūrā

Travel fast

Wājib (Hanafi) · sunnah muʾakkadah (others)
3rd rakʿah before rukūʾ (Hanafi) · after rukūʾ, last half of Ramaḍān (Shāfiʿī) · in Ṣubḥ (Mālikī) · in Witr (Hanbali)
20 rakʿahs (Hanafi, Shāfiʿī, Hanbali) · 36 (Mālikī custom) · 8 also authentic
Recommended by all; Imām Mālik was cautious about publicising it
9+10 preferred; 10+11 sufficient
Fast or break — both authentic; break if it is hard

08 Twelve-month tracker

Mon · Thu · the three white days · extra.

	M	Th	13	14	15	+
Muḥarram	☐	☐	☐	☐	☐	☐
Ṣafar	☐	☐	☐	☐	☐	☐
Rabiʿ I	☐	☐	☐	☐	☐	☐
Rabiʿ II	☐	☐	☐	☐	☐	☐
Jumādā I	☐	☐	☐	☐	☐	☐
Jumādā II	☐	☐	☐	☐	☐	☐
Rajab	☐	☐	☐	☐	☐	☐
Shaʿbān	☐	☐	☐	☐	☐	☐
Ramaḍān	☐	☐	☐	☐	☐	☐
Shawwāl	☐	☐	☐	☐	☐	☐
Dhul-Qaʿdah	☐	☐	☐	☐	☐	☐
Dhul-Hijjah	☐	☐	☐	☐	☐	☐

Year _____ AH

POCKET COMPANION · 04 OF 09

Purification & Prayer

الطَّهَارَةُ وَالصَّلَاةُ

Wuḡū to salām — the mechanics, the invalidators, the concessions.

2 · Wuḡū
3 · What breaks wuḡū · ghusl
4 · Tayammum
5 · The prayer, step by step
6 · When you err
7 · Travel & missed prayers
8 · Prayer-on-time grid

Bukhāri · Muslim · the four Sunan. School differences noted on panel 7.

02 Wuḡū

ORDER

1 Bismillāh · 2 hands to the wrists ×3 · 3 rinse the mouth ×3 · 4 the nose ×3 · 5 the face ×3 · 6 arms to the elbows, right then left, ×3 · 7 wipe the head once · 8 the ears once · 9 feet to the ankles, right then left, ×3.
Bukhāri, Muslim · ṣaḥīḥ

OBLIGATORY (FARD)

Face, arms to the elbows, wiping the head, feet to the ankles — Qurʾān 5:6. The rest is sunnah, and the reward is in it.

NOTES

Do not waste water — he ﷺ used about a *mudd* (a double handful). Use siwāk. Unbroken wuḡū may be renewed before each prayer. Over socks: wipe khuffayn for one day, three when travelling.
Muslim; Tirmidhī · ṣaḥīḥ

03 What breaks wuḡū · ghusl

BREAKS WUḢŪ

Anything leaving the two passages · deep sleep · loss of consciousness. Ḥanafī adds: flowing blood, and a mouthful of vomit. Shāfiʿi adds: skin contact with the opposite sex, and touching the private parts.
The four schools

GHUṢL IS OBLIGATORY AFTER

Sexual discharge or intercourse · the end of menstruation or post-natal bleeding · death (washed by others). Recommended before Jumuʿah, the two ʿEids, and iḥrām.
Bukhāri, Muslim · ṣaḥīḥ

GHUṢL, IN ORDER

Intention · wash the hands · wash the private parts · full wuḡū · pour water over the head three times, working it to the roots · then over the whole body, right side first. Nothing is left dry.
Bukhāri, Muslim · ṣaḥīḥ

04 Tayammum

WHEN

No water, not enough water, or water would cause harm — illness, injury, extreme cold, or a genuine shortage on a journey.
Qurʾān 4:43, 5:6

HOW

Intend · strike both palms once on clean earth, sand, or dust-bearing stone · wipe the whole face · strike again and wipe each arm to the elbows or wrists.
Bukhāri, Muslim · ṣaḥīḥ — “the earth has been made for me a place of prayer and a means of purification.”

ENDS WHEN

Water becomes available, or anything that breaks wuḡū occurs. One tayammum suffices for what one wuḡū would (Ḥanafī); the Shāfiʿis require a fresh one for each fard.
The four schools

WOUNDS

Wipe over a bandage rather than removing it. If neither washing nor wiping is possible, pray as you are — the prayer is never abandoned.

05 The prayer, step by step

SEQUENCE

Face the qiblah · intend · *Allāhu akbar*, hands raised · *thanāʾ* · *taʾawwudh* · al-Fātiḥah · a *sūrah* · *rukʿū* with *subḥāna Rabbiʿal-ʿAzīm* ×3 · rise with *samiʿallāhu liman ḥamidah* · two prostrations with *subḥāna Rabbiʿal-ʿAlī* ×3, sitting between them with *Rabbighfir li*.
Bukhāri, Muslim, Abū Dāwūd · ṣaḥīḥ

THE SITTINGS

First sitting: at-Tahiyyāt. Final sitting: at-Tahiyyāt · Ṣalawāt Ibrāhimiyyah · the four refuges · the *duʿā* of Abū Bakr · then *salām* right, then left.
Card 05 carries these in full.

IN SUJŪD

The seven bones touch the ground: forehead with nose, two palms, two knees, the toes of both feet. Duʿā here is most likely to be answered.
Bukhāri; Muslim · ṣaḥīḥ

06 When you err

SUJŪD AS-SAHW

For an omitted wājib, an addition, or genuine doubt: two extra prostrations. Ḥanafī: after the *salām* on the right, then *tashahhud* and *salām* again. Shāfiʿi & Mālikī: before the *salām* for an omission, after for an addition.
The four schools

BREAKS THE PRAYER

Speaking deliberately · eating or drinking · leaving the qiblah · losing wuḡū · uncovering the ʿawrah · an extra rakʿah knowingly · laughing aloud.
Bukhāri, Muslim · ṣaḥīḥ

DOES NOT BREAK IT

An unintended word (Ḥanafī: it does) · a light cough · killing a harmful animal · a child passing · correcting the imām · tears.

IF YOU DOUBT

Act on certainty — the lesser number — then make sujūd as-sahw. If you are led in prayer and the imām errs, say *subḥānallāh*; women clap.
Muslim · ṣaḥīḥ

07 Travel & missed prayers

QASR

Dhuhr, ʿAṣr and ʿIshāʾ become two rakʿahs. Ḥanafī: a journey of about 48 miles / 78 km; the others: roughly two *marḥalah*, about 80 km. Ḥanafī: shortening is required; the others: it is a concession.
Qurʾān 4:101; Bukhāri, Muslim

JAMʿ — COMBINING

Dhuhr with ʿAṣr, Maghrib with ʿIshāʾ, permitted in travel, illness, or hardship by the Shāfiʿi, Mālikī and Ḥanbalī schools. The Ḥanafī school permits it only at ʿArafah and Muzdalifah.
Muslim · ṣaḥīḥ

SUNNAH IN TRAVEL

Drop the regular Sunnah rakʿahs of Dhuhr, Maghrib and ʿIshāʾ; keep the two of Fajr and the Witṛ.
Bukhāri, Muslim · ṣaḥīḥ

MISSED PRAYERS

Pray it as soon as you remember — “there is no expiation for it but that.” Make them up in order where you can, alongside the current prayers.
Bukhāri, Muslim · ṣaḥīḥ

08 Prayer-on-time grid

One month. Tick each prayer prayed in its time.

	F	D	A	M	I		F	D	A	M	I
1	☐	☐	☐	☐	☐	17	☐	☐	☐	☐	☐
2	☐	☐	☐	☐	☐	18	☐	☐	☐	☐	☐
3	☐	☐	☐	☐	☐	19	☐	☐	☐	☐	☐
4	☐	☐	☐	☐	☐	20	☐	☐	☐	☐	☐
5	☐	☐	☐	☐	☐	21	☐	☐	☐	☐	☐
6	☐	☐	☐	☐	☐	22	☐	☐	☐	☐	☐
7	☐	☐	☐	☐	☐	23	☐	☐	☐	☐	☐
8	☐	☐	☐	☐	☐	24	☐	☐	☐	☐	☐
9	☐	☐	☐	☐	☐	25	☐	☐	☐	☐	☐
10	☐	☐	☐	☐	☐	26	☐	☐	☐	☐	☐
11	☐	☐	☐	☐	☐	27	☐	☐	☐	☐	☐
12	☐	☐	☐	☐	☐	28	☐	☐	☐	☐	☐
13	☐	☐	☐	☐	☐	29	☐	☐	☐	☐	☐
14	☐	☐	☐	☐	☐	30	☐	☐	☐	☐	☐
15	☐	☐	☐	☐	☐	31	☐	☐	☐	☐	☐
16	☐	☐	☐	☐	☐						

Month _____ · F Fajr · D Dhuhr · A ʿAṣr · M Maghrib · I ʿIshāʾ

Cut around each strip · fold on the dashed lines · glue strip A behind strip B → an eight-panel card, 2⅜ × 3⅝ in. Print at 100% for wallet size, 120% for easier reading.

POCKET COMPANION · 05 OF 09 Pocket Adhkārأَذْكَارُ الصَّلَاةِ The full post-prayer sequence, folded down to what fits in a pocket. 2 · Before the salām 3 · After the salām · 1–4 4 · 5–7 · the tasbīh 5 · Āyat al-Kursī 6 · The three sūrahs 7 · Fajr, Maghrib, Witr 8 · Quick count Every item ṣaḥīḥ. The long sheet carries the full texts and gradings.	02 Before the salām In the final sitting, after at-Tahiyyat and the ṣalawāt — inside the prayer, not after it. THE FOUR REFUGES اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ عَذَابٍ جَهَنَّمَ، وَمِنْ عَذَابِ الْقَبْرِ، وَمِنْ فِتْنَةِ الْمَحْبَا وَالْمَقَاتِ، وَمِنْ شَرِّ فِتْنَةِ الْمَسِيحِ الدَّجَالِ Alīlāhumma innī aʿūdhu bika min ʿadhābi jahannam, wa min ʿadhābi-qabr, wa min fitnatī-mahyā wal-mamāt, wa min sharri fitnatī-Masīhid-Dajālī Refuge from the punishment of Hell, the punishment of the grave, the trials of life and death, and the evil of the trial of the False Messiah. Muslim · ṣaḥīḥ — commanded. DUʿĀ OF ABŪ BAKR اللَّهُمَّ إِنِّي ظَلَمْتُ نَفْسِي ظُلْمًا كَثِيرًا، وَلَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ، فَاعْفُ عَنِّي مَغْفِرَةً مِنْ عِنْدِكَ وَارْحَمْنِي Alīlāhumma innī ḡalamtu nafsī zulman kathīran, wa lā yaghfirudh-dhunūba illā Anta, faḡhfir lī maghfīratan min ʿindika warḡhamnī I have wronged myself greatly, and none forgives sins but You — forgive me and have mercy on me. Bukhārī & Muslim · ṣaḥīḥ	03 After the salām · 1–4 1 · ISTIGHFĀR 3× Astaghfirullāh I seek Allah's forgiveness. Muslim · ṣaḥīḥ 2 · AS-SALĀM اللَّهُمَّ أَنْتَ السَّلَامُ، وَمِنْكَ السَّلَامُ، تَبَارَكْتَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ Alīlāhumma Antas-Salām, wa minkas-salām, tabārakta yā Dhal-Jalālī wal-Ikrām You are Peace, and from You comes peace. Blessed are You, Possessor of Majesty and Honour. Muslim · ṣaḥīḥ 3 · TAHLĪL & DUʿĀ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ. لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ. اللَّهُمَّ لَا مَانِعَ لِمَا أَعْطَيْتَ، وَلَا مُعْطِي لِمَا مَنَعْتَ Lā ilāha illallāhu waḡdahu lā sharīka lah... Allāhumma lā mānīʿa limā aʿṭayt, wa lā muʿṭiya limā manaʿt ...none can withhold what You give, none can give what You withhold. Bukhārī & Muslim · ṣaḥīḥ 4 · The tahlīl of Ibn az-Zubayr — long; see the sheet.	04 5–7 · the tasbīḥ 5 · FIVE REFUGES OF SAʿD اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْبُخْلِ، وَمِنَ الْجُبْنِ، وَأَنْ أَرُدَّ إِلَى أَرْدَلِ الْعُمْرِ، وَمِنَ فِتْنَةِ الدُّنْيَا، وَمِنْ عَذَابِ الْقَبْرِ Allāhumma innī aʿūdhu bika minal-bukhl, wa minal-jubn, wa an uradda ilā ardhalīl-ʿumur, wa min fitnatid-dunyā, wa min ʿadhābi-qabr Refuge from miserliness, cowardice, feeble old age, the trial of this world, and the punishment of the grave. Bukhārī · ṣaḥīḥ 6 · DUʿĀ OF MUʿĀDH اللَّهُمَّ أَعِنِّي عَلَى ذِكْرِكَ وَشُكْرِكَ وَحُسْنِ عِبَادَتِكَ Allāhumma aʿinnī ʿalā dhikrika wa shukrika wa ḡusnī ʿibādatik Help me to remember You, thank You, and worship You well. Abū Dāwūd, an-Nasāʿī · ṣaḥīḥ — never leave it. 7 · TASBĪḤ سُبْحَانَ اللَّهِ · الْحَمْدُ لِلَّهِ · اللَّهُ أَكْبَرُ Subḡānallāh 33× · Al-ḡamdu lillāh 33× · Allāhu Akbar 33× — then the tahlīl of no. 3 once, completing 100 Glory be to Allah · All praise belongs to Allah · Allah is the Greatest. Muslim · ṣaḥīḥ — counted on the fingers of the right hand.
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05 Āyat al-Kursī QURʿĀN 2:255 · ONCE AFTER EVERY FARD اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ لَهُ مَا فِي السَّمَاوَاتِ وَمَا فِي الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ مِنْ عِلْمِهِ إِلَّا بِمَا شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَاوَاتِ وَالْأَرْضَ وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ an-Nasāʿī, at-Tabarānī · ṣaḥīḥ — nothing stands between the reciter and Paradise except death. Also before sleep.	06 The three sūrahs Once after every farḡ; three times each after Fajr and Maghrib. 112 · AL-İKHLĀŞ قُلْ هُوَ اللَّهُ أَحَدٌ اللَّهُ الصَّمَدُ لَمْ يَلِدْ وَلَمْ يُولَدْ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ Qul Huwallāhu Aḡad... 113 · AL-FALĀQ قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ مِنْ شَرِّ مَا خَلَقَ وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ Qul aʿūdhu bi-Rabbil-falaq... 114 · AN-NĀS قُلْ أَعُوذُ بِرَبِّ النَّاسِ مَلِكِ النَّاسِ إِلِهِ النَّاسِ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَاسِ الَّذِي يُوسْوِسُ فِي صُدُورِ النَّاسِ مِنَ الْجِنَّةِ وَالنَّاسِ Qul aʿūdhu bi-Rabbīn-nās... Abū Dāwūd, Tirmidhī, an-Nasāʿī · ṣaḥīḥ — full translations on the long sheet.	07 Fajr, Maghrib, Witr FAJR & MAGHRIB · 10× لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، يُخَيِّبُ وَيُمِيتُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ ...yuhyī wa yumīt, wa Huwa ʿalā kullī shayʿin qadīr ...He gives life and causes death, and is able to do all things. Tirmidhī, Aḡmad · ṣaḥīḥ FAJR & MAGHRIB · 7× اللَّهُمَّ أَجِرْنِي مِنَ النَّارِ Allāhumma aḡjirnī minan-nār O Allah, save me from the Fire. Abū Dāwūd · ṣaḥīḥ — before speaking to anyone. AFTER FAJR ONLY اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا، وَرِزْقًا طَيِّبًا، وَعَمَلًا مُتَقَبَّلًا Allāhumma innī asʿaluka ʿilman nāfiʿan, wa rizqan ṭayyiban, wa ʿamalan mutaḡabbalan Beneficial knowledge, good provision, accepted deeds. Ibn Mājah · ṣaḥīḥ AFTER WITR · 3× سُبْحَانَ الْمَلِكِ الْقُدُّوسِ Subḡānal-Malikil-Quddūs — lengthening the voice on the third, then: Rabbil-malāʾikati war-rūḡ Glory be to the King, the Most Holy — Lord of the angels and the Spirit. an-Nasāʿī, Abū Dāwūd · ṣaḥīḥ	08 Quick count Inside: at-Tahiyyat · ṣalawāt · four refuges · Abū Bakrʿs duʿā · salām. After every farḡ: 1–11 in order. Tasbīḥ: 33 + 33 + 33, then the tahlīl once — 100. Three sūrahs: 1× · 3× after Fajr & Maghrib. Fajr & Maghrib add: 10× tahlīl · 7× aḡjirni minan-nār. ʿIshāʿ: sequence · Witr with qunūt · 3× Subḡānal-Malikil-Quddūs · bedtime adhkār. Authentic narrations permit variation — this is one established order.
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POCKET COMPANION · 06 OF 09 Du'ā for life events أَدْعِيَةُ الْحَاJَاتِ <i>What to say when it matters — illness, grief, debt, fear, joy.</i> 2 · Distress & anxiety 3 · Illness & the sick 4 · Grief & death 5 · Debt & provision 6 · Marriage & children 7 · Travel & protection 8 · Anger, fear, decision All ṣaḥīḥ or ḥasan. Ask in your own words too — that is also Sunnah.	02 Distress & anxiety AT ANg CALAMITY لَا إِلَهَ إِلَّا اللَّهُ الْعَظِيمُ الْحَلِيمُ، لَا إِلَهَ إِلَّا اللَّهُ رَبُّ الْعَرْشِ الْعَظِيمِ، لَا إِلَهَ إِلَّا اللَّهُ رَبُّ السَّمَاوَاتِ وَرَبُّ الْأَرْضِ وَرَبُّ الْعَرْشِ الْكَرِيمِ <i>Lā ilāha illallāhu-l-'Azīm-ul-Ḥalīm, lā ilāha illallāhu Rabbul-'Arshil-'Azīm, lā ilāha illallāhu Rabbus-samāwāti wa Rabbul-ardi wa Rabbul-'Arshil-Karīm</i> None is worthy of worship but Allah, the Mighty, the Forbearing; Lord of the Mighty Throne; Lord of the heavens, the earth, and the Noble Throne. Bukhāri, Muslim · ṣaḥīḥ — the du'ā of distress. IN GRIEF OR WORRY اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحَزَنِ، وَالْعَجْزِ وَالْكَسَلِ، وَالْبُخْلِ وَالْجَبْنِ، وَضَلَعِ الدِّينِ وَغَلَبَةِ الرِّجَالِ <i>Allāhumma innī a'ūdhu bika minal-ḥammi wal-ḥazan, wal-'ajzi wal-kasal, wal-bukhli wal-jubn, wa ḍala'd-dayni wa ghalabatir-rjāl</i> Refuge from anxiety, sorrow, weakness, laziness, miserliness, cowardice, debt and oppression. Bukhāri · ṣaḥīḥ THE DU'Ā OF YŪNUS. لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ <i>Lā ilāha illā Anta subḥānaka innī kuntu minaz-zālimin</i> None is worthy of worship but You; glory be to You — I was among the wrongdoers. Tirmidhi · ṣaḥīḥ · Qur'ān 21:87 — no Muslim says it in distress but is answered.	03 Illness & the sick VISITING THE SICK · 7× أَسْأَلُ اللَّهَ الْعَظِيمَ رَبَّ الْعَرْشِ الْعَظِيمِ أَنْ يَشْفِيكَ <i>As'alullāhal-'Azīma Rabbal-'Arshil-'Azīmi an yashfiyak</i> I ask Allah the Mighty, Lord of the Mighty Throne, to cure you. Abū Dāwūd, Tirmidhi · ṣaḥīḥ — if his time has not come, he is healed. RUQYAH OVER THE ILL اللَّهُمَّ رَبَّ النَّاسِ، مُذْهِبَ الْبَاسِ، اشْفِ أَنْتَ الشَّافِي، لَا شَافِيَ إِلَّا أَنْتَ <i>Allāhumma Rabban-nās, mudhibal-bās, ishfi Antash-Shāfi, lā shāfiya illā Ant</i> O Allah, Lord of mankind, Remover of harm, cure — You are the Healer; there is no healer but You. Bukhāri · ṣaḥīḥ — with al-Fātiḥah and the three sūrah's. FOR ONE'S OWN PAIN بِسْمِ اللَّهِ — أَعُوذُ بِاللَّهِ وَدُودِهِ مِنْ شَرِّ مَا أَجِدُ وَأُحَاذِرُ <i>Bismillāh (3×) — A'ūdhu billāhi wa qudratihī min sharri mā ajidu wa uḥādir (7×)</i> I seek refuge in Allah and His power from the evil of what I feel and fear. Muslim · ṣaḥīḥ — hand on the place of pain.	04 Grief & death ON HEARING OF A DEATH إِنَّا لِلَّهِ وَإِنَّا إِلَيْهِ رَاجِعُونَ. اللَّهُمَّ أَجْزِنِي فِي مُصِيبَتِي وَأَخْلِفْ لِي خَيْرًا مِنْهَا <i>Innā lillāhi wa innā ilayhi rāji'ūn. Allāhumma'jurni fī muṣibatī wa aḥliḥ li khayran minhā</i> To Allah we belong and to Him we return. Reward me in this affliction and replace it with better. Muslim · ṣaḥīḥ FOR THE DECEASED اللَّهُمَّ اغْفِرْ لَهُ وَارْحَمْهُ، وَعَافِهِ وَاعْفُ عَنْهُ، وَأَكْرِمْ نُزُلَهُ، وَوَسِّعْ مَدْخَلَهُ <i>Allāhummaghfir lahu warḥamḥ, wa 'āfiḥi wa'fu 'anh, wa akrim nuzulāḥ, wa wassi' mudkhalāḥ</i> Forgive him, have mercy on him, pardon him, and honour his resting place. Muslim · ṣaḥīḥ — after the third takbir of the Janāzah. CONSOLING THE BEREAVED "To Allah belongs what He took, and to Him what He gave; everything has an appointed term." Bukhāri · ṣaḥīḥ AT A GRAVE السَّلَامُ عَلَيْكُمْ أَهْلَ الدِّيَارِ مِنَ الْمُؤْمِنِينَ وَالْمُسْلِمِينَ، وَإِنَّا إِنْ شَاءَ اللَّهُ لِلْجُفُونَ <i>As-salāmu 'alaykum aḥlad-diyāri minal-mu'minina wal-muslimin, wa innā in shā'allāhu lalāḥiqūn</i> Peace be upon you, people of these abodes, believers and Muslims — and we shall, if Allah wills, follow. Muslim · ṣaḥīḥ
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05 Debt & provision CRUSHING DEBT اللَّهُمَّ اكْفِنِي بِحَلَالِكَ عَنْ حَرَامِكَ، وَأَغْنِنِي بِفَضْلِكَ عَمَّنْ سِوَاكَ <i>Allāhummakfinī bi-ḥalālিকা 'an ḥarāmik, wa aghnnī bi-faḍlika 'ammān siwāk</i> O Allah, suffice me with what You have made lawful against what You have forbidden, and enrich me by Your bounty so I need none besides You. Tirmidhi · ḥasan — "even if your debt were like a mountain." FOR PROVISION اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا، وَرِزْقًا طَيِّبًا، وَعَمَلًا مُتَقَبَّلًا <i>Allāhumma innī as'aluka 'ilman nāfi'an, wa rizqan tayyiban, wa 'amalan mutaqaḥḥbalan</i> Beneficial knowledge, good lawful provision, accepted deeds. Ibn Mājah · ṣaḥīḥ — after Fajr. REPAYING A LENDER بَارَكَ اللَّهُ لَكَ فِي أَهْلِكَ وَمَالِكَ <i>Bārakallāhu laka fī aḥlika wa mālik</i> May Allah bless you in your family and your wealth. Ibn Mājah · ṣaḥīḥ SEEKING SUFFICIENCY حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ <i>Ḥasbunallāhu wa nī'mal-wakīl</i> Allah is sufficient for us, and the best of guardians. Bukhāri · ṣaḥīḥ · Qur'ān 3:173	06 Marriage & children TO THE NEWLY MARRIED بَارَكَ اللَّهُ لَكَ، وَبَارَكَ عَلَيْكَ، وَجَمَعَ بَيْنَكُمَا فِي خَيْرٍ <i>Bārakallāhu lak, wa bāraka 'alayk, wa jama'ā baynakumā fī khayr</i> May Allah bless you, send blessings upon you, and unite you both in goodness. Abū Dāwūd, Tirmidhi · ṣaḥīḥ PROTECTING CHILDREN أُعِيذُكُمَا بِكَلِمَاتِ اللَّهِ التَّامَّةِ مِنْ كُلِّ شَيْطَانٍ وَهَامَّةٍ، وَمِنْ كُلِّ غَيِّبٍ لَآمَةٍ <i>U'īdhukumā bi-kalimātillāhiḥit-tāmmati min kulli shayṭānin wa ḥāmāḥ, wa min kulli 'aynin lāmmāḥ</i> I place you both in the protection of Allah's perfect words from every devil and vermin, and from every harmful eye. Bukhāri · ṣaḥīḥ — he ﷺ said it over al-Ḥasan and al-Ḥusayn. FOR OFFSPRING رَبِّ هَبْ لِي مِنَ الصَّالِحِينَ — رَبِّ لَا تَذَرْنِي فَرْدًا وَأَنْتَ خَيْرُ الْوَارِثِينَ <i>Rabbi ḥab lī mināṣ-ṣāliḥin — Rabbi lā tadharri fardan wa Anta khayrul-wārithin</i> My Lord, grant me righteous offspring — my Lord, leave me not alone, and You are the best of inheritors. Qur'ān 37:100; 21:89	07 Travel & protection SETTING OUT سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا... اللَّهُمَّ إِنَّا نَسْأَلُكَ فِي سَفَرِنَا هَذَا الْبِرَّ وَالتَّقْوَى، وَمِنْ الْعَمَلِ مَا تَرْضَى <i>Subḥānal-ladhi sakhkhara lanā ḥadhā... Allāhumma innā nas'aluka fī safarinā ḥadhāḥal-birra wat-taqwā, wa minal-'amāl mā tarḍā</i> ...O Allah, we ask You on this journey for righteousness, piety, and deeds that please You. Muslim · ṣaḥīḥ STOPPING ANYWHERE أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ <i>A'ūdhu bi-kalimātillāhiḥit-tāmmati min sharri mā khalaq</i> I seek refuge in Allah's perfect words from the evil of what He created. Muslim · ṣaḥīḥ — nothing will harm him until he departs. RETURNING أَيُّبُنَا تَائِبُونَ عَابِدُونَ لِرَبِّنَا حَامِدُونَ <i>Ā'yībūna tā'ibūna 'ābidūna li-Rabbinā ḥāmidūn</i> Returning, repenting, worshipping, and praising our Lord. Muslim · ṣaḥīḥ ENTERING A TOWN اللَّهُمَّ بَارِكْ لَنَا فِيهَا <i>Allāhumma bārik lanā fīhā</i> O Allah, bless it for us. Ibn Hibbān · ṣaḥīḥ	08 Anger, fear, decision IN ANGER أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ <i>A'ūdhu billāhi minash-Shayṭānir-rajīm</i> I seek refuge in Allah from the accursed Shayṭān. Bukhāri, Muslim · ṣaḥīḥ — and sit if standing, lie down if sitting, and make wuḍū. IN FEAR اللَّهُ أَكْبَرُ، اللَّهُ أَعَزُّ مِنْ خَلْقِهِ جَمِيعًا، اللَّهُ أَعَزُّ مِمَّا أَخَافُ وَأُحَذِّرُ <i>Allāhu akbar, Allāhu a'azzu min khalqihī jamī'an, Allāhu a'azzu mimma ākhāfu wa uḥādir</i> Allah is greatest — mightier than all His creation, mightier than what I fear and guard against. an-Nasā'ī · ṣaḥīḥ BEFORE A DECISION Two rak'ahs, then the du'ā of Istikhārah — the full text is on card 04 of the long sheet. Then act, and be content. Bukhāri · ṣaḥīḥ SEEKING THE BEST END اللَّهُمَّ أَحْسِنْ عَاقِبَتَنَا فِي الْأُمُورِ كُلِّهَا، وَأَجْزِنَا مِنْ خِزْيِ الدُّنْيَا وَعَذَابِ الْآخِرَةِ <i>Allāhumma aḥsin 'āqibatānā fī-umūrī kullihā, wa ajzinā min khizyid-dunyā wa 'adhābil-ākhirāḥ</i> O Allah, make good our end in all affairs, and save us from disgrace in this world and the punishment of the next. Ibn Hibbān · ṣaḥīḥ
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POCKET COMPANION · 07 OF 09	The Ninety-Nine Names أَسْمَاءُ اللَّهِ الْحُسْنَى "To Allah belong the most beautiful names — so call upon Him by them."	2 · Names 1–14 3 · 15–28 4 · 29–42 5 · 43–56 6 · 57–70 7 · 71–85 8 · 86–99 The enumeration narrated by at-Tirmidhī. The names themselves are in the Qurʾān and Sunnah; scholars differ on the list, not on the names.	02 Names 1–14 1الرَّحْمَنُAr-Raḥmān · The Most Compassionate 2الرَّحِيمُAr-Raḥīm · The Most Merciful 3الْمَلِكُAl-Malik · The Sovereign 4الْقُدُّوسُAl-Quddūs · The Most Holy 5السَّلَامُAs-Salām · The Source of Peace 6الْمُؤْمِنُAl-Muʾmin · The Giver of Faith 7الْمُهَيِّمُAl-Muḥaymin · The Guardian 8الْعَزِيزُAl-ʿAzīz · The Almighty 9الْجَبَّارُAl-Jabbār · The Compeller 10الْمُتَكَبِّرُAl-Mutakabbir · The Supreme 11الْخَالِقُAl-Khāliq · The Creator 12الْبَارِئُAl-Bārī · The Originator 13الْمُصَوِّرُAl-Muṣawwir · The Fashioner 14الْغَفَّارُAl-Ghaḥfār · The Ever-Forgiving	03 15–28 15الْقَهَّارُAl-Qaḥḥār · The Subduer 16الْوَهَّابُAl-Waḥḥāb · The Bestower 17الرَّزَّاقُAr-Razzāq · The Provider 18الْفَتَّاحُAl-Fattāḥ · The Opener 19الْعَلِيمُAl-ʿAlīm · The All-Knowing 20الْقَابِضُAl-Qābiḍ · The Withholder 21الْبَاسِطُAl-Bāsīt · The Extender 22الْخَافِضُAl-Khāfiḍ · The Abaser 23الرَّافِعُAr-Rāfiʿ · The Exalter 24الْمُؤِزُّAl-Muʾizz · The Giver of Honour 25الْمُذِلُّAl-Mudhīl · The Humiliator 26السَّمِيعُAs-Samīʿ · The All-Hearing 27الْبَصِيرُAl-Baṣīr · The All-Seeing 28الْحَكَمُAl-Ḥakam · The Judge	04 29–42 29الْعَدْلُAl-ʿAdl · The Utterly Just 30اللطيفAl-Laṭīf · The Subtly Kind 31الْخَبِيرُAl-Khabīr · The All-Aware 32الْحَلِيمُAl-Ḥalīm · The Forbearing 33الْعَظِيمُAl-ʿAẓīm · The Magnificent 34الْغَفُورُAl-Ghaḥfūr · The Oft-Forgiving 35الشَّكُورُAsh-Shakūr · The Appreciative 36الْعَلِيُّAl-ʿAlī · The Most High 37الْكَبِيرُAl-Kabīr · The Most Great 38الْحَفِيزُAl-Ḥafīz · The Preserver 39الْمُقِيتُAl-Muqīt · The Sustainer 40الْحَسِيبُAl-Ḥasīb · The Reckoner 41الْجَلِيلُAl-Jalīl · The Majestic 42الْكَرِيمُAl-Karīm · The Most Generous	
			05 43–56 43الرَّقِيبُAr-Raqīb · The Watchful 44الْمُجِيبُAl-Mujīb · The Responsive 45الْوَاسِعُAl-Wāsiʿ · The All-Encompassing 46الْحَكِيمُAl-Ḥakīm · The All-Wise 47الْوَدُودُAl-Wadūd · The Most Loving 48الْمَجِيدُAl-Majīd · The Glorious 49الْبَاعِثُAl-Bāʿith · The Resurrector 50الشَّهِيدُAsh-Shahīd · The Witness 51الْحَقُّAl-Ḥaqq · The Absolute Truth 52الْوَكِيلُAl-Wakīl · The Trustee 53الْقَوِيُّAl-Qawī · The All-Strong 54الْمَتِينُAl-Matīn · The Firm 55الْوَلِيُّAl-Walī · The Protecting Friend 56الْحَمِيدُAl-Hamid · The Praiseworthy	06 57–70 57الْمُحْصِيAl-Muḥṣī · The Accounter 58الْمُبْدِئُAl-Mubdiʿ · The Initiator 59الْمُعِيدُAl-Muʿīd · The Restorer 60الْمُنْيُAl-Muṇyī · The Giver of Life 61الْمُمِيتُAl-Mumīt · The Bringer of Death 62الْحَيُّAl-Ḥayy · The Ever-Living 63الْقَيُّومُAl-Qayyūm · The Self-Subsisting 64الْوَاجِدُAl-Wājīd · The Finder 65الْمَاجِدُAl-Mājid · The Noble 66الْوَاهِدُAl-Wāḥid · The One 67الْأَحَدُAl-Aḥad · The Unique 68الصَّمَدُAṣ-Ṣamad · The Eternal Refuge 69الْقَادِرُAl-Qādir · The Able 70الْمُقْتَدِرُAl-Muqtadīr · The Omnipotent	07 71–85 71الْمُقَدِّمُAl-Muqaddim · The Expediter 72الْمُؤَخِّرُAl-Muʾakhkhir · The Delayer 73الْأَوَّلُAl-Awwal · The First 74الْآخِرُAl-Ākhir · The Last 75الظَّاهِرُAz-Zāhir · The Manifest 76الْبَاطِنُAl-Bāṭin · The Hidden 77الْوَالِيAl-Walī · The Governor 78الْمُتَعَالِيAl-Mutaʿālī · The Most Exalted 79الْبَرُّAl-Barr · The Source of Good 80التَّوَّابُAt-Tawwāb · The Acceptor of Repentance 81الْمُنْتَقِمُAl-Muntaqim · The Avenger 82الْعَفُوُّAl-ʿAfu · The Pardoner 83الرَّءُوفُAr-Raʿūf · The Most Kind 84مَالِكُ الْمُلْكِMālik al-Mulk · Owner of all Sovereignty 85ذُو الْجَلَالِ وَالْإِكْرَامِDhul-Jalāl wal-Ikrām · Possessor of Majesty and Honour	08 86–99 86الْمُقْسِيطُAl-Muqṣiṭ · The Equitable 87الْجَامِعُAl-Jāmiʿ · The Gatherer 88الْغَنِيُّAl-Ghanī · The Self-Sufficient 89الْمُغْنِيAl-Mughnī · The Enricher 90الْمَانِعُAl-Māniʿ · The Withholder 91الضَّارُّAḍ-Ḍarr · The Bringer of Adversity 92النَّافِعُAn-Nāfiʿ · The Bringer of Benefit 93النُّورُAn-Nūr · The Light 94الْهَادِيAl-Hādī · The Guide 95الْبَدِيعُAl-Badiʿ · The Incomparable Originator 96الْبَاقِيAl-Bāqī · The Everlasting 97الْوَارِثُAl-Wārith · The Inheritor 98الرَّشِيدُAr-Rashīd · The Guide to the Right Path 99الصَّبُورُAṣ-Ṣabūr · The Most Patient Bukhārī, Muslim · ṣaḥīḥ — “Allah has ninety-nine names; whoever retains them enters Paradise.” Qurʾān 7:180.

Pocket Companion · 08 OF 09

The Day of
Jumu'ah

يَوْمُ الْجُمُعَةِ

The best day the sun rises upon — how to spend it.

2 · The day, hour by hour

3 · Ghusl, scent, early arrival

4 · The khutbah

5 · Sūrah al-Kahf

6 · Ṣalawāt

7 · The hour of response

8 · Checklist

Bukhārī · Muslim · the four Sunan. School notes on panel 7.

02 The day, hour by hour

Night before — read al-Kahf, sleep early.
Fajr — in congregation; the longest-standing Sunnah of the week.
Morning — ghusl, clean clothes, siwāk, perfume; nails and hair.
Before zenith — walk early; 4 rak’ahs Sunnah, then nafl until the imām stands.
Khutbah — total silence, facing the imām.
Fard — 2 rak’ahs behind the imām.
After — 4 Sunnah, 2 Sunnah, 2 nafl, then the post-prayer adhkar.
Last hour before Maghrib — du‘ā; the hour of response.
Bukhārī, Muslim, Abū Dāwūd · ṣaḥīḥ

03 Ghusl, scent, early arrival

GHUSL
“Ghusl on Friday is obligatory upon every adult” — held as a strong Sunnah by the four schools, and obligatory by some.
Bukhārī, Muslim · ṣaḥīḥ
COMING EARLY
Whoever comes at the first hour is as one who offered a camel; then a cow; then a horned ram; then a chicken; then an egg. When the imām emerges, the angels close the register and sit to listen.
Bukhārī · ṣaḥīḥ
ON ARRIVING
Two rak’ahs before sitting, never stepping over people, never moving anyone from their seat. Fill the front rows first.
Bukhārī, Muslim · ṣaḥīḥ
REWARD
Whoever performs ghusl, comes early, walks rather than rides, sits near the imām, listens and stays silent — for every step, the reward of a year of fasting and night prayer.
Abū Dāwūd, Tiẓmidhī · ṣaḥīḥ

04 The khutbah

SILENCE
“When the imām is delivering the khutbah, be silent.” Telling another person to be quiet during it is itself idle speech — and voids the Jumu’ah reward.
Bukhārī, Muslim · ṣaḥīḥ
DO NOT
Speak, fidget with anything, use a phone, or pray nafl once the imām has begun — except two brief rak’ahs if you have only just arrived.
Muslim · ṣaḥīḥ
TWO KHUTBAHS
Delivered standing, with a sitting between them; the second shorter. He ﷺ kept the khutbah short and the prayer long — “a sign of understanding.”
Muslim · ṣaḥīḥ
WHO MUST ATTEND
Every free, resident, adult male in health. Excused: the traveller, the ill, the woman, the child, and the one nursing another — they pray Dhuẖr instead. All four schools concur, differing only on details.
The four schools

05 Sūrah al-Kahf

THE PRACTICE
Whoever reads Sūrah al-Kahf on the day of Jumu’ah has a light shining for him between the two Fridays. Read it any time from Maghrib on Thursday to Maghrib on Friday.
al-Bayhaqī, al-Hākim · ṣaḥīḥ per al-Albānī
FIRST TEN VERSES
Whoever memorises the first ten verses of al-Kahf is protected from the Dajjāl.
Muslim · ṣaḥīḥ

رَبَّنَا آتِنَا مِنْ لَدُنْكَ رَحْمَةً وَهَيِّئْ لَنَا مِنْ أَمْرِنَا رَشَدًا

Rabbanā ātinā min ladunka raḥmatan wa hayyi’ lanā min amrinā rashadan
Our Lord, grant us mercy from Yourself, and shape for us right guidance in our affair.
Qurʾān 18:10 – the du‘ā of the people of the cave.
ALSO ON THIS DAY
Adam was created, entered Paradise, and was removed from it; the Hour will come on a Friday. No day is more virtuous.
Muslim · ṣaḥīḥ

06 Ṣalawāt

INCREASE IT
“Increase your ṣalawāt upon me on the day of Jumu’ah — my prayer is presented to me.” The fullest form is the Ṣalawāt Ibrāhimiyyah of the prayer.
Abū Dāwūd, an-Nasā’ī · ḥasan/ṣaḥīḥ

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ، كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ، إِنَّكَ حَمِيدٌ مَجِيدٌ

Allāhumma ṣalli ‘alā Muḥammadin wa ‘alā āli Muḥammad, kamā ṣallayta ‘alā Ibrāhīma wa ‘alā āli Ibrāhīm, innaka Ḥamīdun Maʿjīd
O Allah, send blessings upon Muhammad and the family of Muhammad as You did upon Ibrāhīm and his family — You are Praiseworthy, Glorious.
Bukhārī, Muslim · ṣaḥīḥ
THE SHORT FORM

صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

Salallāhu ‘alayhi wa sallam
May Allah send blessings and peace upon him.
“Whoever sends one blessing upon me, Allah sends ten upon him.” – Muslim · ṣaḥīḥ

07 The hour of response

WHEN
“There is an hour on Friday in which no servant asks Allah for something but He gives it.” The strongest reports place it in the last part of the day, between ‘Aṣr and Maghrib; another places it between the imām sitting and the prayer ending.
Muslim; Abū Dāwūd, an-Nasā’ī · ṣaḥīḥ
HOW TO USE IT
Sit facing the qiblah after ‘Aṣr. Begin with praise, then ṣalawāt, then ask — for the ākhirah first, then your needs, then for others. Do not stop until Maghrib.
Tiẓmidhī · ḥasan
SCHOOL NOTES
Jumu’ah requires a congregation: three besides the imām (Hanafi), forty residents (Shāfi’i), twelve (Mālikī), forty (Hanbali). All require a settled town and a public mosque.
The four schools

08 Checklist

Tick through the day.

☐ Read al-Kahf

☐ Ghusl

☐ Siwāk · nails · hair

☐ Clean clothes

☐ Perfume

☐ Fajr in congregation

☐ Left early, walked

☐ Two rak’ahs on entering

☐ Front rows

☐ Silent through the khutbah

☐ Farḍ, then 4 + 2 + 2

☐ Post-prayer adhkar

☐ Abundant ṣalawāt

☐ Du‘ā in the last hour

☐ Gave in charity

☐ Visited or called family

“The best day the sun rises upon is Friday.” – Muslim · ṣaḥīḥ

POCKET COMPANION · 09 OF 09 My Little Companion رَفِيقِي <i>Big words, short prayers — for small hands.</i> 2 · Bismillāh 3 · Eating 4 · Sleeping & waking 5 · Washing for prayer 6 · How to pray 7 · Counting on my fingers 8 · My week Name _____	02 Bismillāh بِسْمِ اللَّهِ <i>Bismillāh</i> In the name of Allah. Say it before you start anything. الْحَمْدُ لِلَّهِ <i>Al-ḥamdu lillāh</i> All praise is for Allah. Say it when something good happens. إِنْ شَاءَ اللَّهُ <i>In shā' Allāh</i> If Allah wills. Say it about tomorrow. اللَّهُ أَكْبَرُ <i>Allāhu akbar</i> Allah is the greatest.	03 Eating BEFORE بِسْمِ اللَّهِ <i>Bismillāh</i> In the name of Allah — then eat with your right hand. AFTER الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي <i>Al-ḥamdu lillāhīl-ladhī aṭ'amanī</i> Praise be to Allah, who fed me. If you forget, say <i>Bismillāhi awwalahū wa ākhirah</i> and keep eating.	04 Sleeping & waking GOING TO SLEEP بِاسْمِكَ اللَّهُمَّ أَمُوتُ وَأَحْيَا <i>Bismika Allāhumma amūtu wa ahyā</i> In Your name, O Allah, I die and I live. WAKING UP الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا <i>Al-ḥamdu lillāhīl-ladhī ahyānā</i> Praise be to Allah, who gave us life again. Sleep on your right side. Read Āyat al-Kursī with a grown-up.																																																
05 Washing for prayer - Say Bismillāh - Hands — 3 times - Mouth — 3 times - Nose — 3 times - Face — 3 times - Arms to elbows — 3 - Wipe your head — 1 - Ears — 1 - Feet to ankles — 3 Right side first, always. Don't waste water.	06 How to pray - Stand and face the qiblah - Allāhu akbar — hands up - Read al-Fātiḥah - Bow: <i>Subḥāna Rabbiyal-'Aẓīm</i> ×3 - Stand up straight - Prostrate: <i>Subḥāna Rabbiyal-A'lā</i> ×3 - Sit, then prostrate again - At the end: at-Taḥiyyāt <i>As-salāmu 'alaykum</i> — right, then left Ask for anything you want while your forehead is on the ground.	07 Counting on my fingers After every prayer, count on the fingers of your right hand: سُبْحَانَ اللَّهِ Subḥānallāh — 33 times الْحَمْدُ لِلَّهِ Al-ḥamdu lillāh — 33 times اللَّهُ أَكْبَرُ Allāhu akbar — 33 times Your fingers will speak for you one day — so let them count good things.	08 My week Colour a box for every prayer you pray. <table border="1"> <thead> <tr> <th></th> <th>F</th> <th>D</th> <th>A</th> <th>M</th> <th>I</th> </tr> </thead> <tbody> <tr> <td>Mon</td> <td>☐</td> <td>☐</td> <td>☐</td> <td>☐</td> <td>☐</td> </tr> <tr> <td>Tue</td> <td>☐</td> <td>☐</td> <td>☐</td> <td>☐</td> <td>☐</td> </tr> <tr> <td>Wed</td> <td>☐</td> <td>☐</td> <td>☐</td> <td>☐</td> <td>☐</td> </tr> <tr> <td>Thu</td> <td>☐</td> <td>☐</td> <td>☐</td> <td>☐</td> <td>☐</td> </tr> <tr> <td>Fri</td> <td>☐</td> <td>☐</td> <td>☐</td> <td>☐</td> <td>☐</td> </tr> <tr> <td>Sat</td> <td>☐</td> <td>☐</td> <td>☐</td> <td>☐</td> <td>☐</td> </tr> <tr> <td>Sun</td> <td>☐</td> <td>☐</td> <td>☐</td> <td>☐</td> <td>☐</td> </tr> </tbody> </table> F Fajr · D Dhuhr · A 'Aṣr · M Maghrib · I 'Ishā'		F	D	A	M	I	Mon	☐	☐	☐	☐	☐	Tue	☐	☐	☐	☐	☐	Wed	☐	☐	☐	☐	☐	Thu	☐	☐	☐	☐	☐	Fri	☐	☐	☐	☐	☐	Sat	☐	☐	☐	☐	☐	Sun	☐	☐	☐	☐	☐
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Cut around each strip · fold on the dashed lines · glue strip A behind strip B → an eight-panel card, 2½ × 3½ in. Print at 100% for wallet size, 120% for easier reading.